

THE LORD'S SUPPER AND PRESCHOOLERS

The Lord's Supper is a beautiful image of Jesus' sacrifice for our sins. This experience uses all of our senses, which can be very appealing in the preschool years.

However, the phrases that go with the experience can be very confusing. For example - "this is my body... take and eat".

The following tips give suggestions to include your child in The Lord's Supper experience as they observe your participation in this act of worship.

- ▶ Before The Lord's Supper, prepare your child by explaining what Dr. Wiles will do and what you will do, as a Christian, when The Lord's Supper is served.
- ▶ Explain that The Lord's Supper is a special time in our worship experience where we remember all that Jesus did for us. We take this time to say "thank you" to God. Keep this explanation simple.
- ▶ Communicate that this is a way we show our love for Jesus after we have prayed to ask Jesus to be Lord of our life and are Following the Jesus Way.
- ▶ Include your child in the experience by allowing them to draw pictures of what they see around them during The Lord's Supper.
- ▶ Whisper a "thank you" prayer with your child after you have taken the bread and the cup. Allow them to say a prayer as well.
- ▶ Enjoy these teachable moments. They make an eternal difference!